

Ankle Fracture

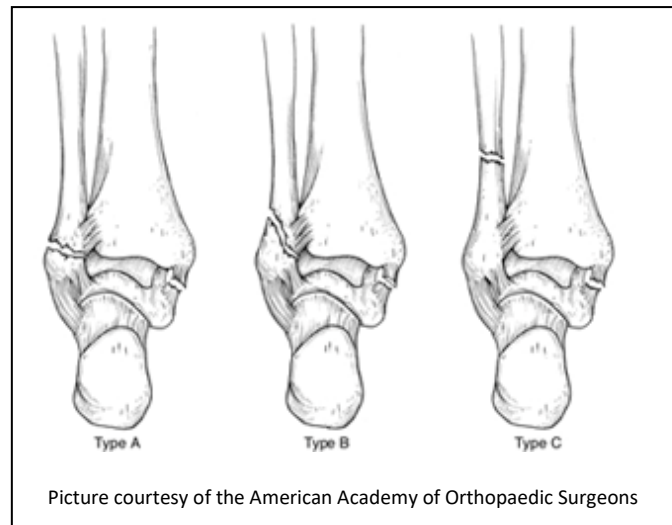
Ankle fractures are common injuries and can be a result of a miss-step or rolled ankle. Many people mistake an ankle fracture for an ankle sprain, however they are very different and require early recognition. Ankle fractures can vary in severity, and therefore require immediate attention, immobilization, and/or surgical intervention.

Typical symptoms include:

- Pain at the fracture site
- Swelling
- Bruising
- Blistering
- Difficulty weight-bearing
- Deformity

Typical treatments include:

- Rest
- Ice
- Elevation
- Crutches
- Immobilization (cast or splint)
- Surgery



To accurately diagnose the cause of your ankle pain, we will obtain x-rays to see the extent of the injury and perform a physical examination. Depending on the location, severity, and any associated injuries we may suggest conservative or surgical intervention. To help determine the course of treatment further diagnostic imaging, like a CT scan or an MRI may be ordered. It is important to follow the provider's recommendations to allow for appropriate healing and a successful outcome.

Disclaimer: This is not considered medical advice. Please see your healthcare provider for diagnosis of injury or illness